



Mental Health and Wellbeing Charter

We recognise that our Training establishment has a responsibility to create an environment that promotes learners and staff wellbeing and that proactively supports learners and staff mental health.

As a company we will:

- Ensure that wellbeing and mental health work is led by a senior manager supported by a member of staff with responsibility for mental health.
- Have a wellbeing and mental health policy accompanied by a clear implementation action plan which is monitored regularly and reviewed annually.
- Create an open and inclusive ethos which includes respect for those with mental ill health.
- Promote equality of opportunity and challenge mental health stigma through curriculum teaching and promote wellbeing.
- Provide appropriate mental health awareness training for staff.
- Ensure a consistent and positive approach to staff and learners wellbeing.
- Provide initial mental health support by offering access to our Mental Health First Aider where appropriate or alternatively signpost to external support services.